



DEPARTMENT OF PUBLIC UTILITIES SAFETY POLICY MEMORANDUM

POLICY NUMBER: 24	DATE: April 17, 2002
TITLE: Repetitive Motion Injuries	APPROVED BY: Martin McIntyre

REFERENCE

Title 8, California Code of Regulations, Article 106, Section 5110

PURPOSE

To establish implementation procedures for determination of ergonomic hazards and how to mitigate them.

POLICY

The Department of Public Utilities shall assist and cooperate, as necessary, with the Risk/Safety Section of the Department of Administrative Services to evaluate and control exposures which have caused repetitive motion injuries, and to train employees as required.

PROCEDURE

Worksite Evaluation

Each job, process, or operation of similar work activity, or a representative number of such jobs, processes, or operations of similar work, shall be evaluated for exposures which have caused repetitive motion injuries (RMIs).

Control of Exposures

Any exposures that caused RMIs shall, in a timely manner, be corrected or if not capable of being corrected, have the exposures minimized to the extent feasible. When possible, engineering controls (such as work stations redesign, adjustable fixtures or tool redesign) and administrative controls (such as job rotation, work packing, or work breaks) shall be used.

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Training of Employees

Affected employees shall be provided with training that includes an explanation of:

The employer's program

The exposures which have been associated with RMIs

The symptoms and consequences of injuries caused by repetitive motion

The importance of reporting symptoms and injuries to the supervisor

Methods used to minimize RMIs.